

## Baruntse Expedition

### Facts

**Destination:** Nepal

**Trip Difficulty:** Difficult

**Trip Style:** Peak Climbing

**Transport:** As per Itinerary

**Food:** Breakfast, Lunch & Dinner (BLD)

**Accommodation:** Hotel and tea house/camp

**Group Size:** Min 2 Pax.

**Max Elevation:** 7,129 m

Baruntse Expedition allows you to explore the hidden corners of the Khumbu region. Located very close to Mt. Everest and Mt. Makalu, Baruntse stands 7,129 meters above sea level. Climbing Mt. Baruntse offers a less crowded journey in the Himalayas and trodden trekking experience. Summited in 1954 via the southeast ridge, Baruntse Peak offers an adventurous and a lifetime journey.

During the Baruntse Expedition, you will be exploring the remote mountain villages and beautiful valleys passing through dense alpine forests. We have designed our Baruntse Expedition itinerary including Mera Peak Climbing as well. Baruntse Expedition 36 Days is an ultimate challenge one can have in the Himalayas. You get to see the breath-taking landscape and panoramic views of numerous Himalayan mountains like Everest (8,848 m), Cho Oyu (8,201 m), Makalu (8,481 m), Lhotse (8,516 m), Kanchenjunga (8,586 m), Nuptse (7,861 m), Ama Dablam (6,812 m), Kongde (6,187 m), etc. To know about the Baruntse Expedition cost or any other information, you can contact us at any time.

## Highlights

- Scenic flight from Kathmandu to Lukla
- Trek through beautiful mountain villages and lush rhododendron forests
- Adventurous and rugged path
- Experience rich culture and tradition of Sherpa people
- Reach the top of Mera Peak and Mt. Baruntse
- Cross challenging Amphu Lapcha Pass
- Visit ancient monasteries in Pangboche and Tengboche
- Explore Namche Bazar
- Trek through Sagarmatha National Park
- Get to see breath-taking scenery
- Witness panoramic views of Himalayan mountains like Everest, Cho Oyu, Makalu, Lhotse, Baruntse, Kanchenjunga, Nuptse, etc

## Day to Day Itinerary

**Day 1: Arrival day in Kathmandu (1,300m)**

**Day 2: Trip Preparation Day**

**Day 3: Fly to Lukla and trek to Paiya (Chutok) (2,730m); 3-4 hours**

**Day 4: Paiya to Pangkoma (2,850m); 5-6 hours**

**Day 5: Pangkoma to Nigmsa (2,745m); 4-5 hours**

**Day 6: Nigmsa to Chetra Khola (3,150m); 7-8 hours**

**Day 7: Chetrakhola to Kothe (3,600m); 6-7 hours**

**Day 8: Kothe to Thangnang (4,350m); 3-4 hours**

**Day 9: Rest day with an optional short hike to Charpate Himal Glacier: 4 hours**

**Day 10: Thangnang to Khare - 5,045m/16,486ft : 2-3 hours**

**Day 11: Pre-climb preparation and rest**

**Day 12: Khare to High camp (5,780m/18,958ft): 4-5 hours**

**Day 13: High camp to Mera Peak Summit then to Kongma Dingma (4850m/15912 ft): 9-10 hours**

**Day 14: Reserve Day for Contingency**

**Day 15: Kongma Dingma to Seto Pokhari (5035m/16519 ft): 6 hours**

**Day 16: Seto Pokhari to Baruntse Base Camp (5300m/17388 ft): 6 hours**

**Day 17: 17-27: Baruntse climbing period**

**Day 28: Rest day at the Baruntse Base Camp**

**Day 29: Baruntse Base Camp to Amphu Lapcha Base Camp (5,650m); 4-5 hours**

**Day 30: Amphu Lapcha Base Camp(South) to Amphu Lapcha Base Camp North (5,300m); 5 - 6 hours**

**Day 31: Amphu Lapcha Base Camp to Pangboche (3930m/12893 ft): 6-7 hours**

**Day 32: Pangboche to Namche Bazaar (3440m/11286 ft): 5 - 6 hours**

**Day 33: Namche Bazaar to Lukla (2800m/9186 ft): 6-7 hours**

**Day 34: Fly back to Kathmandu**

**Day 35: Contingency**

**Day 36: Final departure**

## **Cost Includes**

- Arrival and departure transfer services to both airport as per itinerary
- Three-star or similar hotels for accommodation in Kathmandu with breakfast basis
- Experienced and government-licensed climbing guide during the trekking & climbing period
- Schedule flight tickets for Kathmandu-Lukla-Kathmandu
- walkie talkie per member and climbing staff of per required
- Experience and well trained Cook and kitchen assistant at Base Camp
- 3 meals a day (breakfast, lunch & dinner with tea/coffee) during the journey
- All food and fuel for base camp and higher camps during the venture

- porters for during the trek
- Garbage disposal and management fees
- All necessary permits
- Expedition royalty and climbing permit of Nepal Government to climb Mt. Baruntse
- All wages, equipment, medicals, and accidental insurances for involved staff
- 1:1 climbing sherpa and summit route fixing charge
- government liaison officer with his daily wages, food, insurance, and equipment
- Satellite and cell phone network available at base camp chargeable as perused
- Emergency sufficient Oxygen, mask, and regulator provided on requirement of guest with appropriate charge
- Each expedition member will have an individual sleeping tent
- Solar panel for light and battery charger
- First Aid medical kits
- Trekking and climbing map
- Complete pre-departure information
- Flight ticket reconfirmation
- Visa extension procedure services (if necessary)
- Free Ascent Trails T-shirt, cap, or duffel bag
- Welcome & farewell dinner in a typical Nepali restaurant

## **Cost Excludes**

- Airfare of international flights
- Nepal entry visa fee (Visa issuance on arrival in Kathmandu)
- Lunch and dinner during your stay in Kathmandu (except for the welcome & farewell dinner)
- Any packed food/snacks, aerated drinks, energy drinks, mineral water, alcohol, cigarettes, chocolates, nutria-bars during the trekking
- Any personal expenses like laundry, charging, etc
- Any extra expenses arising out of various/unforeseen situations like natural

calamities, landslides, political disturbances, strikes, changes in Government regulations, etc

- Extra transportation out of the itinerary program
- Any additional staff other than specified
- Rescue, repatriation, medicines, medical tests, and hospitalization expenses
- Travel Insurance and helicopter rescue
- Filming permit (if any special camera or walkies-talkies are taken on the journey)
- Personal climbing gears
- Expenses incurred towards usage of landlines, mobiles, walkie-talkies or satellite phone & Internet expenses
- Nepal custom duty for import of expedition goods
- Summit bonus for climbing Sherpa Guides as per Mountaineering Association rules (minimum US\$ 1500.00 per climbing Sherpa guide)
- Tips and gifts for base camp and high altitude trekking and climbing staff
- Any extra services or products or offers or activities, which are not mentioned in the itinerary
- Any other item not included in the “COST INCLUDES” section