

# Dhaulagiri Circuit Trek with Dhampus Peak Climbing

## Facts

**Destination:** Nepal

**Trip Difficulty:** Strenuous

**Trip Style:** Peak Climbing

**Transport:** As per Itinerary

**Food:** Breakfast, Lunch & Dinner (BLD)

**Accommodation:** Hotel

**Group Size:** Min 1 Pax

**Max Elevation:** 6,060 m

**Best Time:** March - May & October - November

Dhaulagiri Circuit Trek with Dhampus Peak Climbing is a strenuous and adventurous journey in one of the remote and unspoiled regions of Nepal. Dhaulagiri Circuit Trek itself is a difficult trek and combining Dhampus Peak Climbing in it levels up both thrill and challenges. It is a perfect package for those who are seeking the next level of venture in the Himalayas.

To complete this journey, you not only have to be in strong physical fitness but also have to have a daring heart, will-power, and determination. Along with tiredness and the challenges you face on the trail, you get to witness spectacular scenery that only a few get to see.

Climbing Dhampus Peak is not that of a difficult activity in terms of technical climbing. During Dhaulagiri Circuit Trek with Dhampus Peak Climbing, you will circumambulate Mt.

Dhaulagiri. The trail is also rich in vegetation and culture

## Highlights

- Adventurous trekking and climbing
- Off-the-beaten trekking experience
- Observe different ecosystems and climatic zones
- Trek through picturesque villages and lush forests
- Experience rich culture and unique lifestyle of locals
- Get to see unspoiled nature
- Reach the top of Dhampus Peak
- Witness tempting views of Himalayan mountains like Mt. Dhaulagiri, Annapurna range, Gurja Himal, Tukucho Peak, Mt. Fishtail, and many others

## Day to Day Itinerary

**Day 1: Arrive in Kathmandu.**

**Day 2: Sightseeing & preparation day.**

**Day 3: Drive to Pokhara overnight in hotel.**

**Day 4: Drive to Darbang (1,180m); 6 hrs.**

**Day 5: Trek to Sibang (1,750m); 6 hrs.**

**Day 6: Trek to Jugepani (2,000m); 6 hrs.**

**Day 7: Trek to Baghara (2,080m); 7 hrs.**

**Day 8: Trek to Dobang (2,260m); 6 hrs.**

**Day 9: Trek to Sallighari (3,100m); 4 hrs.**

**Day 10: Trek to Italian Base Camp (3,600m); 4 hrs.**

**Day 11: Acclimatisation day.**

**Day 12: Trek to Chhonrdan glacier (4,200m); 5 hrs.**

**Day 13: Trek to Dhaulagiri Base Camp (4,600m); 4 hrs.**

**Day 14: Acclimatisation day.**

**Day 15: Cross the French Coll (5,400m) and camp at the hidden valley (5,050m); 8 hrs.**

**Day 16: Ascent the Dhampus Peak (6,060m) and back to camp; 8 hrs.**

**Day 17: Descent Marpha (2,650m); 8 hrs.**

**Day 18: Trek to Jomsom (2,800m); 5 hrs.**

**Day 19: Fly to Pokhara and then to Kathmandu.**

**Day 20: Leisure time in Kathmandu.**

**Day 21: Back to home.**

## **Cost Includes**

- Arrival and departure transfer services as per itinerary
- Three-star or similar hotels for accommodation in Kathmandu and Pokhara
- Experienced and government-licensed trekking guide during the trekking & climbing period
- Schedule flight tickets for Kathmandu-Pokhara-Jomsom-pkr-ktm
- all ground transportation (ktm-pkr-beni-Darbang)
- All trekking and mountaineering equipment like; kitchen tent, store tent, dining tents, toilet tents, tables, chairs, and cooking utensils for base camps and above
- Common climbing equipment (rope, ice bars, ice screws, snow bar, etc.)

- Cook and kitchen assistant and porters
- 3 meals a day (breakfast, lunch & dinner with tea/coffee) during the journey
- Welcome & farewell dinner in a typical Nepali restaurant
- All food and fuel for the journey
- All necessary permits
- All wages, equipment, medicals, and accidental insurances for involved staff
- First Aid medical kits
- Satellite phone carrying by Guide for communication and available for members with the cost of US\$ 3 per minute call
- Emergency Oxygen, mask, and regulator provided on requirement of guest with appropriate charge
- Each expedition member will have an individual sleeping tent
- Trekking and climbing map
- Complete pre-departure information
-

Flight ticket reconfirmation

- Visa extension procedure services (if necessary)
- Free Ascent Trails T-shirt, cap or duffel bag

## Cost Excludes

- Airfare of international flights
- Nepal entry visa fee (Visa issuance on arrival in Kathmandu) Lunch and dinner during your stay in Kathmandu (except for the welcome & farewell dinner)
- Any packed food/snacks, aerated drinks, energy drinks, mineral water, alcohol, cigarettes, chocolates, nutria-bars during the trekking
- Any personal expenses like laundry, charging, etc
- Any extra expenses arising out of various/unforeseen situations like natural calamities, landslides, political disturbances, strikes, changes in Government regulations, etc
- Extra transportation out of the itinerary program
- Any additional staff other than specified
-

Rescue, repatriation, medicines, medical tests and hospitalization expenses

- Travel Insurance and helicopter rescue
- Walkie-talkies & filming permit (if any special camera or walkies-talkies are taken on the journey)
- Personal climbing gears
- Expenses incurred towards usage of landlines, mobiles, walkie-talkies or satellite phone & Internet expenses
- Nepal custom duty for import of expedition goods
- Tips and gifts for involved staff
- Any extra services or products or offers or activities, which are not mentioned in the itinerary
- Any other item not included in the “COST INCLUDES” section