

## Mardi Himal Trek

### Facts

**Destination:** Nepal

**Trip Difficulty:** Moderate

**Trip Style:** Trekking

**Transport:** As per Itinerary

**Food:** Breakfast, Lunch & Dinner (BLD)

**Accommodation:** Hotel and teahouse

**Group Size:** Min 1 Pax

**Max Elevation:** 4,250 m

**Best Time:** March - May & October - November

Officially opened in 2012, Mardi Himal Trekking is still an unspoiled part of the Annapurna Region. Located in the east of a very famous trekking trail of Nepal, Annapurna Base Camp, Mardi Himal Trek is a marvelous journey. This trek offers off-the-beaten trekking experience without going far away to the most secluded parts of Nepal. The trail traverses beneath the virgin Mt. Machhapuchhre and goes through several dense forests, crossing rushing Himalayan rivers and picturesque villages. Mardi Himal Trek 12 Days offers breath-taking scenery and stunning views of the Himalayas.

We have designed the Mardi Himal Trek itinerary including a lovely village rich in cultural heritage. During your stay in these villages, you get to experience the rich culture and tradition of locals. People from communities like Rai, Limbu, Gurung, etc reside here. You get to look into their daily lifestyle. Overall, Mardi Himal Trek is a perfect package that offers a blend of adventure and experience in one go. As you will walk along the chain of green hills, the tranquil environment will confer a sense of peace in your mind and heart.

Mardi Himal Trek is a short 12 days venture. If you are someone with tight on time, and couldn't bear to go on long trekking than this trek is an ideal option for you. In a short period of time, you get to witness tempting beauty of Himalayas, get to see the spectacular landscape, walk on the trodden trail, and spend time observing ancient practices. Moreover, upon reaching the Mardi Himal Base Camp also known as the Upper Viewpoint, you get to see a glorious sunrise.

If you are thinking to go on this trip, then do contact us. We are a team of active climbers and trekkers working in the industry for many years. We will help you organize the best venture for you as per your needs.

## Highlights

- Adventurous and off-the-beaten trail
- Trek through several dense forests and chain of green hills
- Observe diverse vegetation
- Spend nights in beautiful villages
- Interact with locals and see their daily lifestyle
- Witness gorgeous sunrise from Upper Viewpoint
- Stunning views of Himalayan mountains like Annapurna Range, Mt. Nilgiri, Mardi Himal, Mt. Fishtail, Tent Peak, etc

## Day to Day Itinerary

**Day 1: Arrive in Kathmandu.**

**Day 2: Sightseeing and preparation day.**

**Day 3: Drive to Pokhara; 6 hrs.**

**Day 4: Drive to Kande & trek to Pothana; 5 hrs.**

**Day 5: Trek to Forest Camp/Kokar (2,520m); 5hrs.**

**Day 6: Trek to Low Camp (2,970m); 5/6 hrs.**

**Day 7: Trek to High Camp (3,540m); 3/4 hrs.**

**Day 8: High camp to Upper Viewpoint (4,250m) and return to High Camp; 2/3 hrs.**

**Day 9: Decent to Sidhing (1,700m); 6/7 hrs.**

**Day 10: Drive back to Pokhara.**

**Day 11: Fly/drive to Kathmandu.**

**Day 12: Back to home.**

## Cost Includes

- Airport pickups/drops in a private vehicle
- 3-star hotel accommodation in Kathmandu & Pokhara with breakfast
- Teahouse accommodation during the trek
- All meals (breakfast, lunch & dinner with tea & coffee) during the trek
- Welcome and farewell dinners
- All ground transportation on a comfortable private vehicle as per the itinerary
- Domestic flights as per the itinerary(KTM-PKR-KTM)
- An experienced, English-speaking and government-licensed trek guide and assistant guide (4 trekkers: 1 assistant guide)
- Porter service
- Staff costs including their salary, insurance, equipment, food, and accommodation

- Down jacket and sleeping bag if you need (to be returned after trip completion)
- Free Ascent Trails T-shirt, cap or duffel bag
- All necessary paperwork and trekking permits (ACAP, TIMS)
- Medical kit (carried by your trek guide)
- All government and local taxes

## Cost Excludes

- Airfare of international flights
- Nepal entry visa fee (Visa issuance on arrival in Kathmandu)
- Lunch and dinner during your stay in Kathmandu & Pokhara (except for the welcome & farewell dinner)
- Any packed food/snacks, aerated drinks, energy drinks, mineral water, alcohol, cigarettes, chocolates, nutria-bars during the trekking
- Any personal expenses like laundry, charging, etc
- Any extra expenses arising out of various/unforeseen situations like natural calamities, landslides, political disturbances, strikes, changes in Government regulations, etc
- Extra transportation out of the itinerary program
- Any additional staff other than specified
- Rescue, repatriation, medicines, medical tests and hospitalization expenses
- Travel Insurance (which it should include coverage for trekking)
- Wallie-talkies & filming permit (if any special camera or walkies-talkies are taken on the journey)
- Personal trekking gears
- Expenses incurred towards usage of landlines, mobiles, walkie-talkies or satellite phone & Internet expenses
- Tips and gifts for staff & porter
- Any extra services or products or offers or activities, which are not mentioned in the itinerary



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- Any other item not included in the “COST INCLUDES” section